





## **Emotions**







Abandoned Aggressive

Agitated

Amazed

Amused

Angry

Anguished

Annoyed

**Anxious** 

**Apathetic** 

Appalled

**Appreciated** 

**Apprehensive** 

Ashamed

Awed

Bitter

Blissful

**Bored** 

**Brave** 

Calm

Caring

Cheerful

Compassionate

Concerned

Confused

Contemptuous

Content

Courageous

Curious

Cynical

Delighted

Depressed

Desperate

Despairing

Despondent

Determined

Disappointed

Disapproving

Discouraged

Disgruntled

Dismayed

Distant

Distressed

Disturbed

**Ecstatic** 

Edgy

**Elated** 

**Embarrassed** 

**Empty** 

Enraged

Enthusiastic

Envious

Exasperated

Excited

Excluded

Exposed

**Fascinated** 

Fearful

**Fragile** 

Frazzled

Frustrated

**Furious** 

Grateful

Grieving

Guarded

Guilty

Нарру

Hateful

Heartbroken

Helpless

Hesitant

Hopeful

Hopeless

Horrified Hostile

Humiliated

Humbled

Hurt

**Impatient** 

Inadequate

Indifferent Indignant

Insecure

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Inspired

Interested

Isolated

Invigorated

Irritated

Jealous Joyful





Lonely

Loving

Lucky

Miserable

Misunderstood

Mortified

**Nervous** 

Numb

**Nurturing** 

Offended

Outraged

Overwhelmed

**Panicked** 

Passionate Peaceful

Perplexed

Persecuted

Playful

**Powerless** 

Pressured

Proud

Regretful

Rejected

Relaxed Remorseful

Resentful

Resigned

Revolted Ridiculed Sad

Safe

Satisfied

Scared

Shocked

Shut down
Sorrowful

Stressed

**Submissive** 

Surprised

Suspicious

Terrified

Thankful Threatened

Thrilled

Tired

Trusting

Unappreciated

Uncertain

Uneasy

Unhappy

Unsupported Unwanted

Upset

Vigilant Violated

Weak

Withdrawn

Worried

Worthless